



**July 2021**

Downtown Group Fitness Schedule

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
7:00a - 8:00a REDZONE	7:00a - 8:00a REDZONE	5:00p - 6:00p REDZONE	7:00a - 8:00a REDZONE		9:00a - 10:00a REDZONE
8:00a - 9:00a REDZONE	8:00a - 9:00a REDZONE		8:00a - 9:00a REDZONE		
5:00p - 6:00p REDZONE					