



**March 2021**

Knightsville Group Fitness Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:00a - 10:00a ZUMBA -Kirk-		9:00a - 10:00a WERQ -Chamere-		9:30a - 10:30a WERQ -Chamere-
		5:30p - 6:30p YOGA -Jessica-	5:30p - 6:30p HIIT -Donna-		