



January 2021
Downtown Group Fitness Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REDZONE 5:00p - 6:00p	REDZONE 6:00a - 7:00a	REDZONE 5:00p - 6:00p	REDZONE 6:00a - 7:00a		REDZONE 9:00a - 10:00a